



### Faughart Community National School

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Date: 06/03/2020

Dear Parents/Guardians,

In line with our School SPHE Plan, the strands of 'Taking Care of my Body', 'Growing and Changing' and 'Safety and Protection' are all completed in January, February and March this year as part of a two-year cycle. This scheme of work included the RSE programme which you were notified about in January.

The above also includes a revision of Topic 3, Touches, from the Stay Safe Programme for all classes in March.

The aim of the Stay Safe programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. This programme is completed in full in Faughart CNS in a two-year cycle, however topic 3 on Touches is completed every year. The programme teaches children the safety skills necessary to protect themselves from physical or sexual abuse and emphasises the importance of telling a trusted adult about any problems they have.

The Stay Safe programme is part of the Social, Personal and Health Education curriculum which all primary schools are required to implement. Co-operation between parents and teachers is essential to the success of this programme. It is important that parents are aware of the content of the Stay Safe lessons and are able to discuss the lessons with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home.

You can familiarise yourself with the content of the Stay Safe lessons at [www.staysafe.ie/teachers/resources.htm](http://www.staysafe.ie/teachers/resources.htm) . Please contact the school if you wish to discuss the programme further.

Kind regards,

A handwritten signature in black ink that reads 'Jacqui McCusker'. The signature is written in a cursive style and is positioned above a horizontal line.

Jacqui McCusker

Principal